

Posição	Nome	M/F	Nome do Clube	Tempo	T/Km	Dif.	Dorsal
1	João Figueiredo	M	Clube da Natureza de Alvito	1:12:37	4:50		69
2	Stefan Pequito	M	AMCF - Arrábida Trail Team	1:13:13	4:53	0:36	26
3	Alexandre Blasques	M	Os Coxos e o Miguel	1:16:12	5:05	3:35	57
4	Marcolino Veríssimo	M	AMCF - Arrábida Trail Team	1:18:39	5:15	6:02	18
5	Nelson Diogo	M	AMCF - Arrábida Trail Team	1:20:59	5:24	8:22	23
6	Rogério Costa	M	O Talho da Avenida	1:21:34	5:26	8:57	48
7	Renato Raíño	M	Tálenos Team	1:21:58	5:28	9:21	61
8	Pedro Basso	M	Individual	1:24:27	5:38	11:50	50
9	Leonel Calvo	M	AMCF - Arrábida Trail Team	1:24:58	5:40	12:21	25
10	Bruno Torres	M	Group Training	1:26:40	5:47	14:03	108
11	Nuno Lopes	M	HC Runners	1:27:42	5:51	15:05	83
12	Pedro Jesus	M	Gafete Runners	1:28:42	5:55	16:05	102
13	Nuno Abílio	M	AMCF - Arrábida Trail Team	1:29:34	5:58	16:57	24
14	Manuel Silva	M	AMCF - Arrábida Trail Team	1:29:34	5:58	16:57	19
15	Luís Carmo	M	Team Manguinhas	1:29:46	5:59	17:09	16
16	Paulo Alves	M	Individual	1:30:34	6:02	17:57	45
17	Pedro Cachão	M	Individual	1:30:43	6:03	18:06	84
18	Luís Trindade	M	AMCF - Arrábida Trail Team	1:31:21	6:05	18:44	49
19	Paulo Patrício	M	Individual	1:33:18	6:13	20:41	32
20	Joaquim Pato	M	Individual	1:33:19	6:13	20:42	37
21	Rui Nascimento	M	Individual	1:34:32	6:18	21:55	2
22	André Nunes	M	HC Runners	1:35:14	6:21	22:37	82
23	Vitor Lebre	M	Individual	1:35:31	6:22	22:54	42
24	Vitorino Anjos	M	Individual	1:37:49	6:31	25:12	54
25	Miguel Lino	M	Proaventuras	1:37:56	6:32	25:19	75
26	Miguel Silva	M	AMCF - Arrábida Trail Team	1:38:21	6:33	25:44	20
27	Nuno José	M	Individual	1:38:24	6:34	25:47	3
28	José Freitas	M	AA Lebres do Sado	1:38:57	6:36	26:20	39
29	Fulvio Ramos	M	Individual	1:38:58	6:36	26:21	81
30	Fábio Lopes	M	Os Lobos	1:42:24	6:50	29:47	72
31	Pedro Frazão	M	Individual	1:42:37	6:50	30:00	62
32	Ana Alberto	F	Aminhacorrida/Skechers	1:43:37	6:54	31:00	51
33	Carmen Henriques	F	Run is a Gift	1:43:37	6:54	31:00	31
34	Ricardo Garção	M	Os Trinca Espinhas	1:43:41	6:55	31:04	105
35	Jorge Nabais	M	Individual	1:44:12	6:57	31:35	95
36	Markian Grynshyh	M	CCR Alto do Moínho	1:44:38	6:59	32:01	96
37	Álvaro Mendonça	M	GáfeteRunners	1:45:42	7:03	33:05	92
38	Cátia Rodrigues	F	Individual	1:46:01	7:04	33:24	29
39	Mário Oliveira	M	Os Coxos e o Miguel	1:46:02	7:04	33:25	70
40	José Raimundo Sousa	M	Individual	1:46:24	7:06	33:47	97
41	Nelson Silva	M	Individual	1:49:16	7:17	36:39	56
42	Sergio Rebelo Dores	M	Os Coxos e o Miguel	1:49:16	7:17	36:39	99
43	David Clemente	M	A20KM	1:50:12	7:21	37:35	9
44	Sérgio Póvoa	M	BRR nightRUNNERS	1:50:52	7:23	38:15	36
45	Bruno Perdigão	M	Individual	1:51:27	7:26	38:50	74
46	Mário Coelho	M	AA Lebres do Sado	1:52:26	7:30	39:49	111

47	Sérgio Caneça	M	AMCF - Arrábida Trail Team	1:52:31	7:30	39:54	21
48	José Frazão	M	Individual	1:53:06	7:32	40:29	63
49	Arlete Rego	F	Individual	1:53:16	7:33	40:39	104
50	Paulo Soares	M	CCR Alto do Moínho	1:53:17	7:33	40:40	14
51	Alexandre Santana	M	Individual	1:53:26	7:34	40:49	76
52	Hugo Ferreira	M	Individual	1:54:45	7:39	42:08	30
53	Pedro Laia	M	GDU Azóia	1:56:58	7:48	44:21	12
54	Luís Duarte	M	Individual	1:57:01	7:48	44:24	101
55	Nuno Letras	M	Individual	1:57:07	7:48	44:30	35
56	Cesar Calvo	M	AMCF - Arrábida Trail Team	1:57:43	7:51	45:06	107
57	Luís Pereira	M	Os Coxos e o Miguel	1:58:11	7:53	45:34	71
58	Carlos Costa	M	AA Lebres do Sado	1:58:50	7:55	46:13	47
59	Liliana Pereira	F	Shots International Runners	2:02:00	8:08	49:23	94
60	Artur Pereira	M	Shots International Runners	2:02:01	8:08	49:24	93
61	Alexandra Amaral	F	Individual	2:03:07	8:12	50:30	46
62	Sérgio Alves	M	Individual	2:03:09	8:13	50:32	59
63	João Fonseca	M	DerreteBanha	2:03:42	8:15	51:05	90
64	Pedro Calado	M	Individual	2:03:59	8:16	51:22	85
65	Pedro Burguette	M	Açoreana Clube Banif	2:04:30	8:18	51:53	79
66	Filipe Oliveira	M	Individual	2:04:46	8:19	52:09	44
67	Bruno Regalo	M	DerreteBanha	2:06:06	8:24	53:29	89
68	Miguel Oliveira	M	Vale Formoso Futebol Clube	2:06:27	8:26	53:50	55
69	Carla Vila Nova	F	Correr em Évora	2:06:48	8:27	54:11	43
70	Nuno Pereira	M	Individual	2:07:00	8:28	54:23	80
71	Rosa Afonso	F	CCR Alto do Moínho	2:07:32	8:30	54:55	13
72	Pedro Freitas	M	AA Lebres do Sado	2:07:33	8:30	54:56	40
73	Luís Mateus	M	Individual	2:09:36	8:38	56:59	41
74	Ana Luísa Coelho	F	AA Lebres do Sado	2:09:50	8:39	0:57:13	112
75	Ana Rita Silva	F	Individual	2:12:42	8:51	1:00:05	106
76	Ademar Pereira	M	Individual	2:13:43	8:55	1:01:06	38
77	Nuno Gomes	M	GDU Azóia	2:13:44	8:55	1:01:07	11
78	Paulo Onofre	M	AMCF - Arrábida Trail Team	2:17:17	9:09	1:04:40	17
79	Nidia Valadares	F	Individual	2:22:00	9:28	1:09:23	100
80	Otelinda Sousa	F	Individual	2:22:00	9:28	1:09:23	98
81	Anabela Constante	F	DerreteBanha	2:22:16	9:29	1:09:39	87
82	Maria Regalo	F	DerreteBanha	2:22:16	9:29	1:09:39	86
83	Luís Simão	M	DerreteBanha	2:22:17	9:29	1:09:40	91
84	Nuno Medeiros	M	CCR Alto do Moínho	2:25:19	9:41	1:12:42	15
85	Claudia Duarte	F	Individual	2:26:42	9:47	1:14:05	110
86	Mónica Henriques	F	Individual	2:26:52	9:47	1:14:15	109
87	Paulo Dias	M	Individual	2:29:49	9:59	1:17:12	7
88	Cheila Dias	F	Individual	2:29:50	9:59	1:17:13	6
89	Luís Catita	M	Individual	2:30:05	10:00	1:17:28	4
90	Sara Fulgêncio	F	Individual	2:30:05	10:00	1:17:28	5
91	João Costa	M	Individual	2:36:07	10:24	1:23:30	27
92	Cláudia Gaspar	F	Individual	2:36:08	10:25	1:23:31	28
93	Luís Pedroso	M	Individual	2:45:39	11:03	1:33:02	52

94	António Rodrigues	M	Individual	2:45:41	11:03	1:33:04	53
95	Mafalda Araújo	F	Kangurus S.A.	2:48:23	11:14	1:35:46	33
96	Rui Alves	M	Kangurus S.A.	2:48:24	11:14	1:35:47	34
97	Paulo Barreiros	M	Geek on the Run!	2:49:36	11:18	1:36:59	64
98	Pedro Russiano	M	Geek on the Run!	2:49:38	11:19	1:37:01	66
99	Paulo Gonçalves	M	Individual	3:01:28	12:06	1:48:51	68
100	Marta Cordeiro	F	Individual	3:01:29	12:06	1:48:52	67
101	Ricardo Bastos	M	AA Lebres do Sado	3:01:57	12:08	1:49:20	103