

Posição	Nome	M/F	Nome do Clube	Tempo	T/Km	Dif.	Dorsal
1	João Figueiredo	M	Clube da Natureza de Alvito	<b>1:12:37</b>	4:50		69
2	Stefan Pequito	M	AMCF - Arrábida Trail Team	<b>1:13:13</b>	4:53	0:00	26
3	Alexandre Blasques	M	Os Coxos e o Miguel	<b>1:16:12</b>	5:05	2:59	57
4	Marcolino Veríssimo	M	AMCF - Arrábida Trail Team	<b>1:18:39</b>	5:15	5:26	18
5	Nelson Diogo	M	AMCF - Arrábida Trail Team	<b>1:20:59</b>	5:24	7:46	23
6	Rogério Costa	M	O Talho da Avenida	<b>1:21:34</b>	5:26	8:21	48
7	Renato Rainho	M	Tãlentos Team	<b>1:21:58</b>	5:28	8:45	61
8	Pedro Basso	M	Individual	<b>1:24:27</b>	5:38	11:14	50
9	Leonel Calvo	M	AMCF - Arrábida Trail Team	<b>1:24:58</b>	5:40	11:45	25
10	Bruno Torres	M	Group Training	<b>1:26:40</b>	5:47	13:27	108
11	Nuno Lopes	M	HC Runners	<b>1:27:42</b>	5:51	15:05	83
12	Pedro Jesus	M	Gafete Runners	<b>1:28:42</b>	5:55	16:05	102
13	Nuno Abílio	M	AMCF - Arrábida Trail Team	<b>1:29:34</b>	5:58	16:57	24
14	Manuel Silva	M	AMCF - Arrábida Trail Team	<b>1:29:34</b>	5:58	16:57	19
15	Luís Carmo	M	Team Manguinhas	<b>1:29:46</b>	5:59	17:09	16
16	Paulo Alves	M	Individual	<b>1:30:34</b>	6:02	17:57	45
17	Pedro Cachão	M	Individual	<b>1:30:43</b>	6:03	18:06	84
18	Luís Trindade	M	AMCF - Arrábida Trail Team	<b>1:31:21</b>	6:05	18:44	49
19	Paulo Patrício	M	Individual	<b>1:33:18</b>	6:13	20:41	32
20	Joaquim Pato	M	Individual	<b>1:33:19</b>	6:13	20:42	37
21	Rui Nascimento	M	Individual	<b>1:34:32</b>	6:18	21:55	2
22	André Nunes	M	HC Runners	<b>1:35:14</b>	6:21	22:37	82
23	Vitor Lebre	M	Individual	<b>1:35:31</b>	6:22	22:54	42
24	Vitorino Anjos	M	Individual	<b>1:37:49</b>	6:31	25:12	54
25	Miguel Lino	M	Proaventuras	<b>1:37:56</b>	6:32	25:19	75
26	Miguel Silva	M	AMCF - Arrábida Trail Team	<b>1:38:21</b>	6:33	25:44	20
27	Nuno José	M	Individual	<b>1:38:24</b>	6:34	25:47	3
28	José Freitas	M	AA Lebres do Sado	<b>1:38:57</b>	6:36	26:20	39
29	Fulvio Ramos	M	Individual	<b>1:38:58</b>	6:36	26:21	81
30	Fábio Lopes	M	Os Lobos	<b>1:42:24</b>	6:50	29:47	72
31	Pedro Frazão	M	Individual	<b>1:42:37</b>	6:50	30:00	62
32	Ricardo Garção	M	Os Trinca Espinhas	<b>1:43:41</b>	6:55	31:04	105
33	Jorge Nabais	M	Individual	<b>1:44:12</b>	6:57	31:35	95
34	Markian Grynshyh	M	CCR Alto do Moínho	<b>1:44:38</b>	6:59	32:01	96
35	Álvaro Mendonça	M	GáfeteRunners	<b>1:45:42</b>	7:03	33:05	92
36	Mário Oliveira	M	Os Coxos e o Miguel	<b>1:46:02</b>	7:04	33:25	70
37	José Raimundo Sousa	M	Individual	<b>1:46:24</b>	7:06	33:47	97
38	Nelson Silva	M	Individual	<b>1:49:16</b>	7:17	36:39	56
39	Sergio Rebelo Dores	M	Os Coxos e o Miguel	<b>1:49:16</b>	7:17	36:39	99
40	David Clemente	M	A20KM	<b>1:50:12</b>	7:21	37:35	9
41	Sérgio Póvoa	M	BRR nightRUNNERS	<b>1:50:52</b>	7:23	38:15	36
42	Bruno Perdigão	M	Individual	<b>1:51:27</b>	7:26	38:50	74
43	Mário Coelho	M	AA Lebres do Sado	<b>1:52:26</b>	7:30	39:49	111
44	Sérgio Caneça	M	AMCF - Arrábida Trail Team	<b>1:52:31</b>	7:30	39:54	21
45	José Frazão	M	Individual	<b>1:53:06</b>	7:32	40:29	63
46	Paulo Soares	M	CCR Alto do Moínho	<b>1:53:17</b>	7:33	40:40	14

47	Alexandre Santana	M	Individual	<b>1:53:26</b>	7:34	40:49	76
48	Hugo Ferreira	M	Individual	<b>1:54:45</b>	7:39	42:08	30
49	Pedro Laia	M	GDU Azóia	<b>1:56:58</b>	7:48	44:21	12
50	Luís Duarte	M	Individual	<b>1:57:01</b>	7:48	44:24	101
51	Nuno Letras	M	Individual	<b>1:57:07</b>	7:48	44:30	35
52	Cesar Calvo	M	AMCF - Arrábida Trail Team	<b>1:57:43</b>	7:51	45:06	107
53	Luís Pereira	M	Os Coxos e o Miguel	<b>1:58:11</b>	7:53	45:34	71
54	Carlos Costa	M	AA Lebres do Sado	<b>1:58:50</b>	7:55	46:13	47
55	Artur Pereira	M	Shots International Runners	<b>2:02:01</b>	8:08	49:24	93
56	Sérgio Alves	M	Individual	<b>2:03:09</b>	8:13	50:32	59
57	João Fonseca	M	DerreteBanha	<b>2:03:42</b>	8:15	51:05	90
58	Pedro Calado	M	Individual	<b>2:03:59</b>	8:16	51:22	85
59	Pedro Burguette	M	Açoreana Clube Banif	<b>2:04:30</b>	8:18	51:53	79
60	Filipe Oliveira	M	Individual	<b>2:04:46</b>	8:19	52:09	44
61	Bruno Regalo	M	DerreteBanha	<b>2:06:06</b>	8:24	53:29	89
62	Miguel Oliveira	M	Vale Formoso Futebol Clube	<b>2:06:27</b>	8:26	53:50	55
63	Nuno Pereira	M	Individual	<b>2:07:00</b>	8:28	54:23	80
64	Pedro Freitas	M	AA Lebres do Sado	<b>2:07:33</b>	8:30	54:56	40
65	Luís Mateus	M	Individual	<b>2:09:36</b>	8:38	56:59	41
66	Ademar Pereira	M	Individual	<b>2:13:43</b>	8:55	1:01:06	38
67	Nuno Gomes	M	GDU Azóia	<b>2:13:44</b>	8:55	1:01:07	11
68	Paulo Onofre	M	AMCF - Arrábida Trail Team	<b>2:17:17</b>	9:09	1:04:40	17
69	Luís Simão	M	DerreteBanha	<b>2:22:17</b>	9:29	1:09:40	91
70	Nuno Medeiros	M	CCR Alto do Moínho	<b>2:25:19</b>	9:41	1:12:42	15
71	Paulo Dias	M	Individual	<b>2:29:49</b>	9:59	1:17:12	7
72	Luís Catita	M	Individual	<b>2:30:05</b>	10:00	1:17:28	4
73	João Costa	M	Individual	<b>2:36:07</b>	10:24	1:23:30	27
74	Luís Pedroso	M	Individual	<b>2:45:39</b>	11:03	1:33:02	52
75	António Rodrigues	M	Individual	<b>2:45:41</b>	11:03	1:33:04	53
76	Rui Alves	M	Kangurus S.A.	<b>2:48:24</b>	11:14	1:35:47	34
77	Paulo Barreiros	M	Geek on the Run!	<b>2:49:36</b>	11:18	1:36:59	64
78	Pedro Russiano	M	Geek on the Run!	<b>2:49:38</b>	11:19	1:37:01	66
79	Paulo Gonçalves	M	Individual	<b>3:01:28</b>	12:06	1:48:51	68
80	Ricardo Bastos	M	AA Lebres do Sado	<b>3:01:57</b>	12:08	1:49:20	103